

## PROTOCOL INFORMATION

Disorder: Wrist Pain Date: May 4, 2011  
Developed By: Dr . Hao Wu Reviewed By: Dr. Paul Ziemer

## PROTOCOL DESCRIPTION

**Disorder Description:** There are many causes of wrist pain including but not exclusive to tendonitis, sprain, carpal tunnel syndrome and arthritis.

**Treatment Position:**

1. High light 10 min or Low light 15 min over palm;
2. High light 10 min or Low light 15 min over wrist;

**Note: If pain persists, seek professional diagnosis.**



**Treatment Protocol:** Time: 20mins Position: 2 Light: High Treatment Interval: 5 times/week, 2-4 weeks

**Result:**  Satisfactory  Acceptable  Desirable  Exceptional  Fully healed