

PROTOCOL INFORMATION

Disorder:	Rotator Cuff Tendonitis	Date:	May 4, 2011
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PROTOCOL DESCRIPTION

Disorder
Description: Also called swimmer's shoulder; pitcher's shoulder; shoulder impingement syndrome; tennis shoulder. Rotator cuff tendinitis is when the shoulder is painful and loses motion because of inflammation. Rotator cuff tendinitis is an inflammation (irritation and swelling) of the tendons of the shoulder. Tendonitis occurs when a tendon becomes inflamed due to repetitive stress or an injury. It commonly occurs in the major joints of the body: the shoulder, elbow, wrist, hip, knee, or ankle. Tendonitis can be quite painful, especially during movement. Usually there is tenderness and sometimes swelling in the affected joint.

- Treatment Position:**
1. rotator cuff: 10 min High
 2. rotator cuff insertion; 10 min High
 3. affected axillary; 10 min High
 4. cervical vertebrae 3-5; 10min High
 5. cervical 6-thoracic 2; 10 min High



Treatment Protocol: Time: 50mins Position: 5 Light: High Treatment Interval:
1-2 times/day, 2-4 weeks

Result: Satisfactory Acceptable Desirable Exceptional Fully healed

