

PROTOCOL INFORMATION

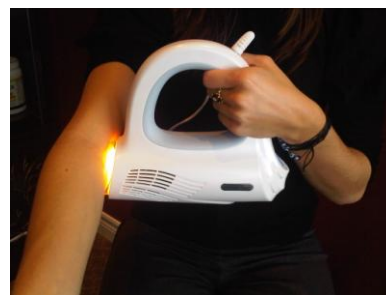
Disorder:	Olecranon (funny bone) Bursitis	Date:	May 4, 2011
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PROTOCOL DESCRIPTION

Disorder Description: Olecranon bursitis (informally known as "student's elbow" or "baker's elbow") is a condition characterised by pain, swelling and inflammation of the olecranon (funny bone) bursa located in the elbow. This bursa is located over the extensor aspect of the extreme proximal end of the ulna. In common with other bursae, it is in the normal state invisible and impalpable, and contains only a very small amount of fluid, but fulfills the function of all bursae in facilitating movement at a joint (in this case the elbow) by enabling anatomical structures to glide more easily over each other. Also in common with other bursae, it can become inflamed, producing a condition called bursitis. This is sometimes known as a "swellbow" or "water on the elbow."

Treatment Position:

1. High light 10 min or Low light 15 min over medial epicondyle (medial side of the elbow);
2. High light 10 min or Low light 15 min over lateral epicondyle (lateral side of the elbow);
3. High light 10 min or Low light 15 min over Olecranon (funny bone) bursitis.



Treatment Protocol: Time: 30mins Position: 3 Light: High Treatment Interval: 1-2/day, 2-4 weeks

Result: Satisfactory Acceptable Desirable Exceptional Fully healed