genesis health light

Treatment Protocol: Neck Pain

Protocol Information

Disorder:	Neck Pain	Date:	May 4, 2011
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Protocol Description

Disorder Description: The most common cause of neck pain is injury to the soft tissues including the muscles, tendons, and ligaments within these structures. This can occur from whiplash or other injury to these areas. The common causes include arthritis, tendonitis and whiplash injury.

Treatment Position:

1. High light 10 min or Low light 15 min over affected neck area;
2. High light 10 min or Low light 15 min over affected muscle

Note: If neck pain persists, seek professional diagnosis.

Treatment Protocol: Time: 20mins Position: 2 Light: High Treatment Interval: 5 times/week, 2-4 weeks

Result: ☐ Satisfactory ☐ Acceptable ■ Desirable ☐ Exceptional ☐ Fully healed