

PROTOCOL INFORMATION

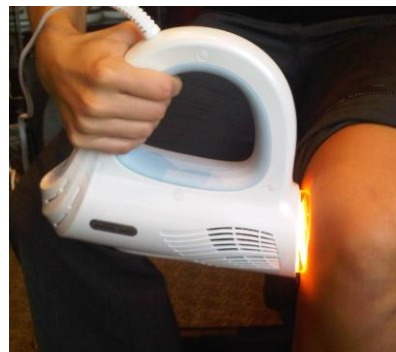
Disorder: Knee pain Date: May 4, 2011
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PROTOCOL DESCRIPTION

Disorder Description: Knee joint pain can be related to overuse where small stresses are repeated a large number of times without allowing adequate recovery, for example running too much too soon, or excessive jumping. Or injuries can be acute where the injury is caused by an impact or twisting such as an anterior cruciate ligament injury. An overuse injury can also be considered to be acute if it is painful or inflamed.

- Treatment Position:**
- 1) High light 10 min or Low light 15 min over medial aspect of the knee
 - 2) High light 10 min or Low light 15 min over lateral aspect of the knee

Note: If knee pain persists, seek professional diagnosis.



Treatment Protocol: Time: 20mins Position: 2 Light: High Treatment Interval: 5 time/week, 2-4 weeks

Result: Satisfactory Acceptable Desirable Exceptional Fully healed