

## PROTOCOL INFORMATION

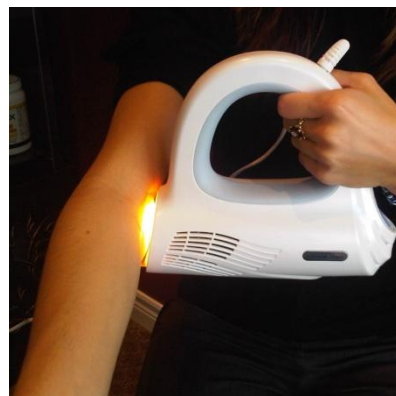
Disorder: Elbow pain Date: May 4, 2011  
Developed By: Dr. Hao Wu Reviewed By: Dr. Paul Ziemer

## PROTOCOL DESCRIPTION

**Disorder Description:** Some common causes of elbow pain include lateral epicondylitis (tennis elbow), medial epicondylitis (golfer's elbow), olecranon bursitis and arthritis.

- Treatment Position:**
1. High light 10 min or Low light 15 min over medial epicondyle (medial side of the elbow);
  2. High light 10 min or Low light 15 min over lateral epicondyle (lateral side of the elbow)

**Note: If elbow pain persists, seek professional diagnosis.**



**Treatment Protocol:** Time: 20mins Position: 2 Light: High Treatment Interval: 5 time/week, 4-8 weeks

**Result:**  Satisfactory  Acceptable  Desirable  Exceptional  Fully healed