

PROTOCOL INFORMATION

Disorder: Back pain Date: May 4, 2011
 Developed By: Dr. Hao Wu Reviewed By: Dr. Paul Ziemer

PROTOCOL DESCRIPTION

Disorder Description: Back pain is a symptom. Common causes of back pain involve disease or injury to the muscles, bones, and/or nerves of the spine. Nerve root syndromes are those that produce symptoms of nerve impingement (a nerve is directly irritated), often due to a herniation (or bulging) of the disc between the lower back bones. Sciatica is an example of nerve root impingement. Impingement pain tends to be sharp, affecting a specific area, and associated with numbness in the area of the leg that the affected nerve supplies.

- Treatment Position:**
1. High light 10 min or Low light 15 min over affected spine area;
 2. High light 10 min or Low light 15 min over affected lumbar muscle

Note: If back pain persists, seek professional diagnosis.



Treatment Protocol: Time: ≥20mins Position: ≥2 Light: High Treatment Interval: 5 time/week, 4-8 weeks

Result: Satisfactory Acceptable Desirable Exceptional Fully healed